Name of complex	Name Hα	Name continuum or CO	V_{LSR} Hα (km s^{-1})	V_{LSR} recomb. radio (km s^{-1})	V_{LSR} CO (km s^{-1})	V_{LSR} H_2CO (km s^{-1})	V_{LSR} OH (km s^{-1})	HI	Notes
0.3–0.5		0.284–0.478	20.0			17.0			
		0.394–0.540	24.0			18.0			
		0.361–0.780	20.0	15.3					
		0.489–0.668	17.5			14.4			
		0.559–0.382	23.5						
	S21	0.561–0.850	23.1; 14.2	14.2; 15.0	16.7	21	17		
		0.572–0.628	20.0			16.0			
		0.590–0.500	23.0			8.0			
2.4+1.4		2.370+1.400		3					
2.6+0.1		2.249+0.236				–65/ 10			
		2.303+0.243		5.0; 4.9		5	16		
		2.901–0.006		–1.5 ;–2		17/115			
		3.262+0.019		0.3					
		3.270–0.102		4.3; 4.9		4/ 78/ 88/ 100	7/ 98		
		3.342–0.079		5.0; 8.3		8/ 90			
		3.655–0.111		4.6 ;3		5/92			
4.3+0.6	S22		7.5; 5.7						
4.4+0.1		4.412+0.118		7,4; 4.1; 5.7		8/ 14/ 52	7/ 13/ 52		
5.0–0.2		4.568–0.118		23.3 ;18.8		13			
		5.479–0.241		22.0; 21.4		–26/ 22/ 62/ 90/ 117			
5.0+0.3		5.049+0.254		12.0					
5.2–0.3		5.193–0.284		1.9					
6.0–1.2	M8=S25		5.7; 6.8						
		5.956–1.265		0.0; 2.8			10		
		5.973–1.178		3.0; 2.0; 3.9	12.0; 10.0	11			
		6.165–1.168		2.0; 3.1					

	S29	6.930−2.130	7.9	5.4; 8.8	11.0			
	S31		6.9; 7.4		8.7			
	S32		8.2; 6.2		8.9			
6.2−0.6		6.148−0.635		22.7				
		6.225−0.569		20.3				
6.4−0.1	S28	W 28 total	11.8		7.1			SNR
		5.899−0.427		9.0; 10.5; 10.1	8	11/ 21	20	
		6.083−0.117		11.5; 8.8			−17/ 16	
		6.220−0.096		14.5				
		6.398−0.474		19.0				
		6.490+0.084		14.1				
		6.565−0.297		14.2; 20.9		8		
		6.553−0.095		12.5; 14.7; 15.0	19	−24/ 12/ 19		
		6.648+0.081						
		6.667−0.247		26.0; 11.5; 19.5				
	S26		9.3					
7.1−0.1	M20=S30	6.979−0.250	14.0; 11.3; 11.8	16.4; 14.0; 13.8	3/ 18	20	11/ 19	
		7.299−0.116		17.9				
7.4+0.0		7.472+0.060		−17.0		−14/ −3/ 12/15/ 121		
8.0+0.4		7.387+0.668		22.0				
		8.137+0.228		19.3; 22.0; 20.6		18.0		
8.4−0.3		8.006−0.156		42.6				
		8.310−0.090		46.8				W30
		8.362−0.303		36.0; 36.8		15/ 37		
		8.438−0.331		38.0				
		8.533−0.288		35; 39.2		16/ 38	16/ 29/ 36	
		8.666−0.351		40.0; 41.9		20/ 37		
		8.865−0.323		31.0				
8.7−0.5	S34		14.6					
9.9−0.8		9.717−0.832		32.0				
		9.982−0.752		41.0; 34.4				
		9.615+0.198		3.0; 4.1		2		
10.4−0.2		10.073−0.412		12.0; 13.6		7/ 11/ 16/ 30		W31

		10.159−0.349		13.0; 13.0; 14.2	3/ 15/ 28	1/ 9/ 17/ 26/ 32/ 36		
	10.190−0.426		3.5; 5.4/ 36.2					
		10.236−0.081		9.7	−12/ 12/ 26/ 39/ 66			
		10.314−0.268		0.8/ 33.4	11/ 30			
		10.315−0.150		12.0; 11.0	12/ 22	3/ 11/ 20/ 23/ 28/ 39		
	10.617−0.384		0.3; −2.0; 0.4	−3/ 17/ 30	−3/ 10/ 17/ 23/ 28/ 38			
		10.664−0.467		−3.0; −2.4				
		10.689+0.031		34.5				
		11.207+0.088		7.3				
10.4+00		10.266+0.075		56.3				
		10.458+0.024		70.3; 70.1		27/ 68		
10.9+00		10.876+0.085		18.1				
		10.966+0.009		18.5				
11.5−1.0	S35		12.0; 12.0					
	S37		14.7; 20.0	18.3; 12.2	12.8			
11.8+0.7		11.897+0.747		25.5; 25.1	28.5	24		
11.9−0.6		11.936−0.616		36.0; 39.3		38		
		11.944−0.037		40.1; 41.5				
		11.987−0.245		47.2				
12.2−0.1		12.204−0.116		25.0; 27.0/ 53.6		27/ 119	19	
12.4−0.0		12.431−0.042		−18.4		20		
12.7−0.7	S38		16.2					
	S40	12.762+0.370		20.7				
	S41		18.0; 15.5					
	S42		17.4					
12.7−0.2	S39	12.445−1.113	41.3	41.0				W33
		12.446−0.619		40.0				
		12.745−0.153		46.0; 57.8	12/ 35/ 49	35/ 53		
		12.807−0.204		36.3; 35.5; 35.8	14/ 34/ 47	34/ 38		
		12.865−0.230		34.0	35/ 49	36	33/ 53	
		12.909−0.277		30.0; 28.6	14/ 35/ 48	10/ 34/ 52		
		12.9+0.0			21/ 40/ 50			
13.2+0.0		13.186+0.045		57.0; 54.0; 54.1		37/ 52	12/ 22/ 36/ 53	

		13.208−0.144		50.0		53		
13.4+0.1		13.381+0.071		18.0; 18.3		13	12/ 19/ 25/ 53	
13.8+0.2		13.875+0.282		53.0; 50.4		48		
14.2−0.1		13.886−0.017		38.9				
		14.081−0.151		34.7				
		13.998−0.128		31.5; 36.0		18/41		
		14.161−0.223		36.9				
		GMC 14.2−0.1			39			
		14.221−0.287		36.6				
		14.330−0.183		34.8				
		14.196−0.125		36.1				
		14.427−0.075		38.9				
		14.496+0.010		28.3				
		14.600+0.014		35.0		25/ 39		
		14.626+0.087		37.2; 38.0; 37.3	35−40	40		
		14.677−0.491		28.5				
15.0−0.7		13.535−0.186		11.2				
	S43		23.8					
		13.826−0.758		24.5				
	S44		25.0; 27.0		19.3			
		14.064−0.526		20.6				
		GMC 14.4−0.4			20			
		14.445−0.651		11.5; 11.9		19	20	
	M17=S45		19.0;19.9		20			
		14.931−0.638		22.0				
		15.032−0.687		19.5; 16.8; 11.5		11/ 24	11/ 20/ 24	W38
		15.085−0.680		19.0	22	19/ 24		
		15.143−0.940		19.0; 11.9				
		15.181−0.625		11.7; 13.9		18/ 23	19/ 23	
		15.198−0.768		20.0; 23.8				
	S50	16.808−1.072	18.1; 17.1	20.4				
15.2+1.5	S46		16.8; 21.2	19.7	18.0			
	S47		16.9; 14.9					
16.5−0.2		16.313−0.162		49.5				
		16.368−0.515		42.7				
		16.431−0.199		44.0; 44.5		43		
	S48	16.614−0.324	36.0; 41.3	44.9	44.6			

		GMC 16.8−0.2			44			
16.8+0.8		GMC 16.8+0.4			22			
		16.936+0.758	28.4; 24.5	28.0; 26.3	23			
		16.984+0.934		24.5; 25.5; 25.4	25	16		W37
	M16=S49		28.4; 24.5					
		16.995+0.868		23.5; 26.7		20		
		17.144+0.765		27.4				
18.2−0.2		18.143−0.289		52; 53.9		38/ 45/ 57	54/ 65	
		18.185−0.397		46.5; 43.2				
		18.197−0.181		46.1				
	S53	18.258−0.297	47.5; 44.7	47.5; 50.9	50	67		
		GMC 18.2−0.3			48			
		18.305−0.391		32.3; 32.7		32		
		18.456−0.007		56.5				
		18.231−0.254		47.0		67		
18.6+2.0		18.252+1.892		32.9; 31.3; 29.8		34	28	
	J42	18.686+1.965	27.2	26.6				
	S54		27.5; 26.4	30.5	27.6			
		19.485+0.138		24.0; 19.8			70	
		GMC 19.5+0.0			26			
		20.479+0.165		24.1				
18.8−0.4		18.643−0.288		71.1				W39
	GMC 18.8−0.5			65				
		18.881−0.493		67.0; 65.5		52/ 67		
		18.936−0.440		68		26		
		18.954−0.019		50; 52.3		43		
		19.044−0.431		65.8				
		19.050−0.593		68.2				
		19.066−0.281		67.8; 61.0; 64.9		65	6/ 63	
19.9−0.2		19.608−0.235		40.0; 41.0		45/ 52	46/ 72	
		19.614−0.132		61.0; 58.6				
		19.671−0.137		43.4; 55.3; 55.0		39/ 45	42	
		19.961−0.175				64	66/ 73	
		20.074−0.141		46.0		43/ 57		
		20.264−0.894		47.7				
		GMC 20.0−0.7			42			
	S55		45.6 ;48.0					

20.7−0.1		20.681−0.136		57.0; 55.2			
		20.733−0.087		57.4; 57.0; 56.3		56/ 104	7
21.0+0.0		20.988+0.092		18; 18.6		20/ 94	8
		21.871+0.008		24.4			
23.0−0.1		22.067−0.367		82.7			W41F
		22.398+0.083		87.8			
		22.570−0.277				76	4/ 52/ 76
		22.751−0.252		82.5; 76.0		73/ 108	4/ 56/ 75/ 105
		22.760−0.485		73.5; 74.8	59/ 76	55/ 61/ 67/ 76/ 103	35/ 56/ 77
		GMC 23.0−0.1F			78		
		23.072−0.248		89.6			
		23.254−0.268		77.5; 76.1	65/ 78/ 91	63/ 80/ 95	4/ 52/ 63/ 80/ 94
		23.706−0.202		78.0			
		23.869−0.119		75.0; 73.8		78/ 96	
		23.956+0.152		78.9; 80.3		81	
23.0−0.3		21.902−0.368		79.5			W41N
	S56		69.2		69.9		
		22.947−0.315		75.5; 70.9		61/ 75	3/ 58/ 77
		22.982−0.356		78.0; 74.1	54/ 65/ 75	56/ 75	
		GMC 23.0−0.1 N			78		
		23.956+0.152		80.3	79/ 97/ 108	81	
23.0+0.6	S57		24.0; 29.2		36.6		
	S58	23.115+0.556	27.6; 26.8	29.5	37.2		
		GMC 22.1−0.2			53		
23.5+0.0		23.281+0.29.8		108.8			
		23.421−0.214		101.5; 104.0; 103.0	80/ 101	81/ 97/ 101	4/ 30/ 55/ 62/ 82/ 99
		23.538−0.041		91.0; 91.3	87/ 102	53/ 85	3/ 54/ 81/ 97
		23.613−0.376		90.1			
		23.706+0.171		108.0; 103.8		90/ 112	
		GMC 23.8+0.1			99		
		23.817+0.224		107.4			
		23.909+0.066		32.8/ 103.4			
24.4+0.2		24.132−0.067		86.9			
		24.135+0.122		114.5			
		24.194+0.203		111.9			

		24.217−0.053		89.0; 82.0		53/ 89		
		24.303−0.151		55.5/ 94.4				
		24.392+0.072		112.0; 110.0		116		
		24.460−0.246		98.5				
		24.467+0.489		102.0; 99.8		42/ 101	4/ 43/ 102	
		24.484+0.211		116.0: 117.0; 115.7		37/ 118	6/ 15/ 52/ 114	
		24.502−0.039		109.2				
		24.517−0.233		96.0; 93.6		44/ 55/ 100		
		24.677−0.160		109.2; 112.0; 111.4		53/ 112	45/ 53/ 80/ 93	
		24.720−0.085		109.7				
		24.805+0.098		114.1; 107.0; 108.6		47/ 52/ 107	8/ 13/ 47/ 52/ 108	
25.0+0.0		GMC 24.5−0.2			54			W42N
	S59		40.1; 43.6		45.1			
		24.742−0.207		47.5; 84.8				
	S60	25.294+0.307	34.0; 36.5	45.0; 39.6	43.8		5/ 45	
25.4+0.0		25.396+0.034		−5.5; −14.4		108		
25.4−0.3		25.264−0.317		64.5				W42F
		25.382−0.177		59.0; 59.1		−9/ 4/ 14/ 18/ 56/ 96	5/ 16/ 56/ 96	
		25.386−0.347		62.1		57		
		GMC 25.3−0.5			54			
		25.405−0.254		60.4; 63.0; 67.6		56/ 66/ 96		
		25.700+0.031		52.0; 53.3/ 102.0		98	7/ 14/ 58	
25.8+0.2		25.766+0.211		110.0; 111.6; 110.8		99/ 110		
26.1−0.1		26.103−0.069		33.0; 29.3/ 104.0		11/ 103	7/ 13	
26.4+1.8	S61	26.440+1.719	34.1; 35.7		43.0			
26.5−0.3		26.555−0.305		104.2				
26.5+0.5		26.433+0.614		88.6				
		25.536+0.416		90.0; 88.4				
26.6−0.1		26.600−0.106		69.2				
27.3+0.1		27.276+0.148		36.3; 33.0		32		
		27.491+0.189		35.5		94		
28.6+0.0		27.133+0.000		90.2				

		27.307−0.144		97.6; 92.3					
		28.001−0.0031		99.9					
		28.312−0.023		35.8/ 92.4					
		28.440−0.002		96.9					
		28.600+0.015		96.2; 93.0; 98.7		76/ 89/ 104	9/ 18/ 79		
		28.638+0.194		103.8					
		28.658+0.030		100.5; 102.4		82/ 106			
		28.787+0.252		98.8					
		28.801+0.174		108.5; 107.6		80/ 105	54/ 71/ 80		
28.6−0.2		26.981−0.166		79.9					
		28.295−0.377		44.8/ 75.6		46/ 83			
		28.596−0.363		87.3					
		28.823−0.226		90.6			10/ 77		
		GMC 28.8−0.1			80				
28.8+3.5	S64	28.790+3.486	8.1	0.7; 0.6; 1.2	6/ 12	7	7		
29.0−0.3		28.983−0.603		52.6					
	S65	29.094−0.713	49.5; 49.3	47.3; 51.0	52.4				
		GMC 29.0−0.7			52				
		29.136−0.042		52.4					
		29.205−0.047		61.7					
	S66		45.0; 46.9	(57.7)					
29.1+0.4		29.139+0.431		21.9					
30.5+0.1		29.944−0.042		96.4; 98.5; 96.7	68/ 100	50/ 67/ 100	7/ 50/ 68/ 100		W43
		30.069−0.160		98.2					
		30.227−0.145		101.0; 99.0; 99.4	103/ 110/ 69	110	8/ 49		
		30.277−0.020		97.9					
		30.404−0.238		103; 102.5	69/ 96/ 107	101			
		30.470−0.039		99.7					
		GMC 30.5+0.0			95				
		30.502−0.290		107.3		12/ 94	8/ 12/ 38/ 50/ 93		
		30.509−0.447		106.5					
		30.539+0.024		95.2				I	
		30.602−0.106		102.5; 102.5		94		T	
		30.694−0.261		98.0; 98.5	68/ 89/ 102	89	8/ 13/ 91		
		30.776−0.029		92.5; 90.0; 91.6	84/ 97/ 110	13/ 82/ 92	7/ 13/ 67/ 82/ 93	N	
		30.832−0.186		100.9				T	
		30.854+0.134		100.0				I	
		30.950+0.078		102.0				N	

		30.999−0.038		101.2			F	
		31.054+0.079		99.2; 99.1	84/ 101	103	8/ 12/ 66/ 80	I
		31.130+0.284		104.7			/101	
		31.239−0.108		98.0				
		31.275+0.056		104.7				
		31.401−0.259		90.0; 86.2				
		31.411+0.309		104.0; 102.2		98		
		31.580+0.101		99.9			N	
		31.650−0.649		80.3				
		32.151+0.133		96.7			F	
30.6+0.0		30.470−0.039		44.8	48			
		30.539+0.024		50.0; 46.1	92/ 118	40/ 82/ 90/ 97	9/ 71/ 84/ 92	
		30.854+0.134		38.1				
		GMC 31.0+0.0			48			
30.6−0.6	S67		17.3; 18.3					
30.7+6.2	S68		11.0		7.3			Aquila Rift
31.1+0.0		31.050+0.480		27.9		80		
		31.054+0.079		24.1		103		
		31.239−0.108		29.9		79	I	
31.9+1.4	S69		49.5; 51.7		55.4			
32.8+0.2		32.797+0.192		17.0; 15.3; 15.0		15/ 84	F	
33.4−0.0		33.418−0.003		76.5			F	
33.5+0.0		33.129−0.094		93.8 ; 97.0			10/ 101	T
		33.194−0.010		100.9				T
		33.637+0.050				39/ 105		SNR
		33.914+0.111		98.5; 101.4		107	T	
35.0−0.4		34.254+0.144		53.9; 53.0; 54.6	55/ 64/ 91	12/ 27/ 60	11	N
		34.758−0.681		52.1				linked to W44
		34.932−0.018		45.6				I
		GMC 35.0−0.7			44			
		35.041−0.498		52.0; 51.8		15/ 49/ 90	12/ 30/ 38 / 43/ 51/ 57	
		35.574+0.064		50.5			F	
		35.588−0.489		56.0			N	

		35.603−0.033		50.0; 52.8		53	F	
		35.663−0.030		53		29		
		35.673−0.847		60.7				
35.1+11.4	S70		17.3		19.8			
35.1−1.7		35.063−1.506		43.0; 44.8	44/ 60	39	40	W48
		35.194−1.750	41.2	46.5; 46.0; 47.0	42	14/ 37/ 44	43	
		35.346−1.827		46.0; 46.7	44	43	44	
		35.550−1.110		44.7				
36.4+0.0		36.289+0.734		76.5			N	
		36.459−0.179		72.7			F	
36.1−1.4	S71		24.7; 12.7					PN
36.3−1.7	S72	36.289−1.686	57.4; 61.8	62.0; 63.5; 62.4	64.2		N	
37.5−0.1		GMC 36.3−0.1			57			W47
		36.914+0.489		47.0 / −30.0				
		37.361−0.228		39.5; 40.3		40/ 82	F	
		37.370−0.067		57.0; 53.2			F	
		37.439−0.040		61.0; 53.0		20/ 82	20/ 64/ 85	F
		37.538−0.113		55.8; 55.0; 52.5		85		F
		37.636−0.113		52.3				F
		37.749−0.109		57.8				F
		37.763−0.216		61.0; 65.3		13/ 20/ 64		F
		37.871−0.399		60.2; 60.0; 60.8		15/ 62/ 74	14/ 20/ 63/ 86	F
		38.051−0.042		58.3				F
37.7+0.1		37.671+0.132		86.5; 88.9		19/ 84	13/ 19/ 86	T
38.5+0.00		GMC 33 to 39−0.0			82			
		=Bx A			82.5			
		=Aquila spur						
39.6−0.3		GMC 39.6−0.3			59			
39.9−1.3	S74	39.904−1.331	41.4; 39.2	44.3; 46.7	48.1			
		GMC 39.0−0.5			42			
40.0+1.0		GMC 38.9+0.4			32			

		39.252−0.056		23.5; 22.6		21	F	
	S75		22.9					
	S76	40.504+2.537	25.1	23.0; 23.0; 27.2			29	
40.6−12.1	S77				17.8			Aquila Rift
		Bx Y3			16.3			
41.1+0.0		GMC 41.1+0.0			37; 41			
		41.117−0.313				17/ 37	35/ 42	SNR
41.5+0.0		41.517+0.033		15.5; 17.7			F	
		Bx Y2			15			
42.0−0.2		40.947−0.567		60.9				
		41.096−0.213		58.0; 59.4			(F)	
		41.235+0.367		71.3			N	
		GMC 41.9−0.4			63			
		42.108−0.623		66.0; 66.0			N	
		42.431−0.264		62.7			F	
		42.568−0.143		67.2			N	
43.2+0.0		43.169+0.002		8.6; 10.0; 8.9	3/ 10	15/ 40/ 54/ 63	35/ 40/ 59/ 63	F	W49
		43.231−0.054		9.5		8		
		Bx E			9.2			
43.8−0.4		43.182−0.520		56.0; 55.0		57		
		43.890−0.790		55.0		55	F	
		44.264+0.100		59.6			N	
		GMC 44.5−0.2			60			
45.6+0.0		Bx F			7.8			
45.9−0.2		44.786−0.490		44.8				
		45.125+0.136		57.5; 57.6		24/ 58/ 65	F	
		45.451+0.060		54.5; 55.9	58/ 62	60	59	F	
		45.475+0.130		62.3; 53.6		60	F	
		GMC 45.9−0.2			59; 60			
46.0+0.2		GMC 46.0+0.2			25; 26			
		= Bx D						
48.4+0.0		Bx 4			6.5			

48.6+0.1		48.596+0.042		17.0; 17.5; 17.2		5/ 18	6/ 18	F	
		48.642+0.227		13.0; 10.6		12		F	
		Bx G			16.6				
49.5−0.3		48.930−0.286		66.4; 66.0; 66.5		6/ 70	6/ 49/ 61	T	W51
		48.997−0.260		64.1				T	
		49.060−0.260	69.4	63.2; 60.5		5/ 62		T	
		49.076−0.377		72.4; 68.0; 67.9	59/ 73	5/ 61		T	
		49.204−0.345		66.1; 67.2; 67.2	68	6/ 66		T	
		49.384−0.298		52.8; 52.5; 53.7	54/ 66	5/ 50/ 64	7/ 51/ 64	F	
		49.407−0.193		46.5; 48.6		48/ 61		F	
		49.437−0.465		59.0; 60.5		57/ 69			
		49.486−0.381	58.5	59.0; 57.1; 58.2	57/ 67	6/ 56/ 66			
		49.582−0.382		62.0; 62.1		68			
		49.588−0.456		68.5; 64.2			6/ 57/ 66		
		GMC 49.5−0.3			59				
		= Bx Z1			60				
50.1+0.0		50.024−0.076		67.5; 66.3				T	
		50.125−0.670		70.0; 72.0; 72.4					
		50.232+0.326		71.2				T	
50.2−0.5		GMC 50.2−0.5			45				
		Bx Z3			44				
51.2+0.0		51.060+0.162		42.9				F	
		51.2−0.1		55.3; 48.5					
		51.362−0.001		49.8; 53.2; 52.7		56	53	N	
		52.240−0.538		44.5; 47.6					
		GMC 52.1−0.3			59				
		Bx I			55				
		52.940−0.588		50.1; 43.5					
52.2+1.5		CO 52.2+1.5			23				
52.7+0.3		52.753+0.335		16.6				F	
53.0+0.4		52.233+0.736		−3.0; 2.8				F	
		53.184+0.155		8.3; 5.8; 8.3		5/ 16/ 23	25		
		Bx L			3.8				
53.5+0.0	S82		23.4; 16.9		24.0				
		GMC 53.4+0.0			24				

		Bx J			23.2			
54.0+0.0		53.639+0.235		38.2; 38.0			F	
		54.092−0.066		43.0; 42.2; 42.1		40	F	
		CO 53.2+1.5			42			
		Bx X1			44			
		Bx K			41			
55.9−3.8	S84		27.2; 27.6		28.3			
		Bx X3			31			
56.0+0.0		GMC 55.7+0.0			36			
		Bx M			38			
57.0−0.2		57.541−0.276		2.8			F	
		Bx N			8.5			
59.0+0.2		59.796+0.237		−6.0; −2.8		42		
		Bx W			−7			
59.5−0.2	S86 =NGC6823	59.529−0.181	26.4. 27.9	29.4	26.8		F	W55
		Bx O			24.5			
62.0+0.0		GMC 61.5+0.0			22.2			
	S87	60.888−0.127	17.9	18.6	22.7			
	S88	61.470+0.090	19.3; 19.8	27.3	22.9			
	S88AB		22.1					
	S89	62.941+0.084	12.7	19.2	25.6			
	S90	63.176+0.460	22.5; 18.0	15.3; 19.4	22.2			
		Bx 61.97+0.0			28.4			
63.5+0.0		Bx U			−13			
		GMC 63.5+0.0			−9.7			
65.0+0.5	S92		29.3; 29.9	23.7				
	S93	64.140−0.470	20.9; 23.4	22.8; 23.4; 23.6	21.3			
	S94		19.4					
	S95		25.3					
	S97		22.1; 25.5		21.0			
		Bx T			19			

65.0+2.0		GMC 61.0+2.0			10.5	
		CO 69.5+1.5			11	Cygnus Rift
		CO 69.8+11.5			13	
66.0+1.4		CO 65.50+1.40			−72.2	
		CO 65.95+0.85			−63.0	
		CO 66.45+1.75			−60.9	
		CO 66.70+1.45			−69.1	
		CO 67.00+1.15			−68.0	
67.5+1.5		CO 67.1+1.5			−12	
		CO 68.0+1.5			−10	
68.1+0.9	S98	68.134+0.917	2.2; 2.8	−62.9/ −2.1		
68.3+1.2		CO 67.5+1.0			−51.1	
		CO 68.2+0.9			−63.4	
		CO 68.3+1.25		−62.9	−62.6	
69.9+1.5		CO 69.00+0.80			−62.3	
		CO69.30+0.85			−63.0	
		CO69.90+0.95			−65.3	
		69.942+1.517	−62	−61; −65; −63.2		W58G
		CO 69.9+1.5			−54	
		CO 69.8+1.5			−65; −63.6	
		CO 70.05+1.15			−66.5	
		CO 70.40+0.50			−70.8	
		CO 70.40+0.90			−62.6	
		CO 70.90+0.55			−71.0	
70.0−1.5		GMC 70.0−1.5			12.5	
	BFS2				11.6	Cygnus Rift
70.3+1.6	S99		−22.0		−22.9; −25	
	S100	70.300+1.600	−21.7; −24.2	−24.4; −24.5	−24.5	
	K3−50			−24.2; −24.6	−24	
71.4+1.5		CO 71.2+1.5			6	Cygnus Rift
		CO 71.8+1.5			8	
71.5+1.5		CO 71.5+1.5			−33	

71.6+2.8	S101	71.603+2.824	12.8; 15.4	14.4; 16.0; 13.1	13.7	
76.1−0.2		76.152−0.28		−28.2		
77.0+0.5		GMC 76.0+0.0			−1.2	
	S104	74.764+0.614	−0.4	0.5; −2.2	0	
		GMC 78.0−1.0			−1.2	
77.4−3.7	S107		8.8; 7.4			
78.5+0.0		GMC 78.5+0.0			8.6	
79.3+1.3		79.293+1.296		−41.4; −40.8	−39.7	
80.0+0.9	S109= Cygnus complex			~ 0 (many sources)		
80.3+0.7		80.346+0.721		−62.4		
84.5+3.0		GMC 84.5+3.0			−3.8	
85.2+0.0		85.242+0.004		−36; −31.2		
85.5−1.0		GMC 85.0−1.0			3.4	
	S117		3.0	−0.4; 0.3;	0	
	= America			4.2; 1.8		W80
	IC 5067		−0.4			
	= Pelican					
86.0+0.5		GMC 86.0+0.5			−16.8	
87.0−2.0		GMC 87.0−2.0			11.8	
87.0−8.0	S113		−10.3			
	S118		−8.4			
	S123		−15.4			
87.6−3.8	S119		2.5; 8.7	1.4	3.5	
		GMC 89.5−0.5			2.1	
89.2−41.1	S122				−6.2	

90.2+1.8	S120		−67.0; −74.4		−65.6
	S121		−60.6; −61.1	−55	−60.9
		93.060+2.810		−61	
91.0−0.5		GMC 91.0−0.5			−24.6
94.3−5.5	S125	94.394−5.489	4.8; −0.4	1.9; 0.9	8.0
	=IC5146				
94.5−1.5	S124		−34.0; −37.0	−36.6; 34.2	−43.4
		GMC 91.0−1.0			−36.3
95.4−16.8	S126		−8.1		−0.2
96.0+2.0	BFS 6				−74.2
	BFS 7				(−79.9)
	S128		−73.8; −76.8	−74.6	−72.5
96.3−0.2	BFS 8				−54.2
96.3+2.6	S127		83.9; 98.9	−97.4	−94.7
99.3+3.7		GMC 102.0+3.5			−2.0
	S131		−2.2; 3.5		
	=IC1396				
100.0+10.0	S129		−9.6		−13.9
	S130		−7.1		
	S133		−10.1		
101.4+2.7	BFS 10				−61.0
102.0+8.5		GMC 102.0+8.5			2.5
102.9−0.7	S132	102.875−0.721	−50.9; −47.1	−45.2; −48.1; −48.0	−48.5
104.0+2.0		GMC 103.0+2.0			−18.3
	S134			−11.5	−16.1
	S135		−17.6; −18.1		−20.7; −17.0
105.5+8.8	S137		−6.1		−10.3

	BFS 11				−10.1			
105.6+0.4	S138		−50.0		−52.0			
	S139		−41.0; −46.1		−46.5			
		CO 104.8+0.3			−55.0			
106.5−0.5	S142	107.182−0.953	−36.2; −36.1; −40.3	−43.3; −36.0; −40.0	−41.0; −41.5			
	S143		−36.0		−53.5			
106.8+3.3	S141		−63.8		−65.0			
107.7+0.8	S144		−1.7		−6.7			
107.8+5.7		GMC 107.0+5.5			−8.5			
	S140		−3.7; −8.7	−3.3	−8.5			
	S145		−2.6		−8.8			
	S150		−10.3		−8.8			
		GMC 109.5+6.5			−9.2			
108.3+0.3	S146	108.197+0.579	−51.9; −53.2	−56.9; −55.9	−49.5			
		CO 108.7+0.3			−52.5; −54.2			−52.8
	BFS 12				−49.9			
108.3−1.0	S147		−53.1; −46.9		−54.5			
	S148		−55.9; −53.1					
	S149		−53.9; −59.1					
108.6−2.8	S151		−54.9; −63.1		−56.2			
108.8−1.0	S152	108.760−0.952	−43.5; −52.2	−50.4; −49.1	−50.4	−51.1/ −47.3		
	S153		−57.6; −57.2		−50.6			
109.6+2.2		GMC 111.5+2.0			−10.5			
	S154		−11.4		−11.5			
	S155		−15.1	−9.5	−12.3			
110.1+0.0	BFS 14				−47.0			
	BFS 15				−51.5			
	BFS 16				−51.9			
	BFS 17				−50.8			
	BFS 18				−52.8			
	S156	110.106−0.044	−53.2; −52.9	−64.7; −51.7	−51	−52		
		GMC 110.0+0.0			−52.1	−53		−52

		CO 110.0−0.3			−51.2	
111.5−0.8	S158	111.525+0.818	−58.5; −59.2	−60.6; −60.8	−56.1	
	S159	111.612+0.374	−63.8; −66.7	−66.6; −63.4	−56	
		CO 111.5+0.8			−54; −53.6	
111.9+4.1	S160		5.8			
112.0+0.0	S157		−37.7; −48.1	−43	−43	
	S157AB		−46.1	−46.9	−46	
	S161		−40; −45.5		−10/ −51.9	
	S162	112.237+0.226	−45.2; −45.1	−44.1; −41.8	−44.7	
114.0−0.7	S163	113.589−0.721	−40.2; −44.0	−42.7	−44.9	
	S164		−44.0; −47.7			
	S166		−36.7; −47.9			
114.6+0.2	S165		−27.7; −32.8		−33.0	
115.0+3.0	S167		−65.7		−63.6	
115.5+4.0		GMC 115.5+4.0			−24.8	
		GMC 111.5−3.0			−41.7	
115.8−1.6	S168	115.784−1.573	−43.5; −45.5	−40.8	−40.6; −39.6	
	S169		−43.8		−39.0	
116.0−2.0		GMC 116.0−2.0			−2.7	
117.6+2.3	S170		−51.2; −54.6		−43.7	
		GMC 117.5+5.5			−6.6	
118.4+4.7	S171	118.148+4.962	−11.8; −12.0	−9.2; −9.1	(−10)	W1
119.0−1.1	S172		−42.6		−40.8	
	S173		−36.1; −34.3		−34.9	
	S177				−34.2	
120.4+2.0	S175		−49.7; −55.1		−49.6	
121.8+21.0		GMC 117.5+9.5			−2.7	
	S174		5.9		−2.7	
	S178				−3.6	

122.0+0.0		GMC 122.0+0.0			−17.6		
122.6+0.1	S180		−42.3				
122.7+2.1	S181		−38.8		−36.6		
	S182				−27.0		
123.1−6.3	S184	123.058−6.297	−27.8; −27.3	−29.7	−30.4/ −44		
	=NGC 281						
124.0−1.9	S185		4; 2.0				
	=γ cas						
124.9+0.3	S186		−47.6		−43		
126.7−1.0	S183				−10.3		
	S187		−16.3; −7.6		−14.9		
	S188		−13.3				PN
		CO 126.6−1.1			−11.6		
		CO 126.7−0.8			−14.0		
		CO 125.7−0.5			−14.4		
		GMC 127.0−1.0			−11.8		
132.1−0.7		132.157−0.725		−56.6			
133.5+9.0		GMC 133.5+9.0			−15.7		
134.0+1.3		GMC 134.0+0.5			−48.2		
	IC 1795	133.720+1.210	−41.3; −43.9	−41.2; −40.8	−40.5		W3
		W3−OH		−50.1	−47		
IC 1805	W4		−41.8	−41		S190	
		133.790+1.410		−47.7			
	CO 132.8+0.9			−43.0			
134.0+10.0		GMC 134.0+10.0			−3.3		
134.3+3.6	BFS 24				−9.7		
136.1+2.1	S192		−44.7		−46.3		
	S193		−49.6		−47.2		
	S194		−45.6		−46.5		
	S196		−43.1; −48.1		−45.1		

136.5+7.0		GMC 136.5+7.0			4.5	
137.4+0.2	S198		−33.5; −38.2			
	S199=IC 1848		−36.6; −39.2	−37.3	−39; −38/ −12	W5
	S201	138.486+1.635	−36.3; −35.5	−34.6	−40	
		136.913+1.033		−41.3		
137.8+1.0		CO $2^{h}45^{m}$+58°17’	−101		−103	
138.0+8.5		GMC 138.0+8.5			2.5	
138.5+5.5		GMC 138.5+5.5			−16.3	
139.5−3.0		GMC 139.7−3.0			−16.3	
140.0+2.0		GMC 138.0+4.0			−9.8	
	S200		(−53.2)		−9.7	
	S202		−18.9; −2.6		−11.5	
	BFS 28				−10.2	
	BFS 29				−10.9	
		GMC 141.0+5.5			−11.1	
		GMC 138.0+2.5			−11.8	
142.0+1.0		GMC 142.0+1.0			−15.7	
142.5−1.5		GMC 142.5−1.5			1.9	
143.6−1.8	S203		−36.7			
	BFS 31				−32.2	
145.8+3.0	S204		−24.1; −27.2			
148.5−0.2	S205		−18.2; −16.8		(−25.8)	
149.5−1.5	BFS 32				−7.9	
	BFS 33				−5.5	
150.5+4.0		GMC 150.5+4.0			3.2	
150.8+0.3		GMC 151.5−1.0			−30.6	
	S206	150.590+0.950	−26.6; −25.2	−22.0; −25.2	−22.6	
	BFS 34		−23.9		−27.7	

151.3+2.0	S207		−35.4; −31.3	−38	
	S208		−31.6; −31.5		−30.2
151.6−0.2	S209	151.594−0.228	−48.5; −50.0	−46.1; −49.6; −49.9	−52.2
152.8+2.9	S210		−21.0; −16.8		
154.0−2.0		GMC 154.0−2.0			−14.4
154.0+2.0		GMC 154.0+2.0			−2.7
155.0+2.5	S211	154.640+2.436	(−28.7)	−34.8; −35.5	−37.6
	S212	155.357+2.609	−42.3; −43.9	−41.8; −40.1	−35.3
155.5+5.0		GMC 155.5+5.0			4.5
156.0−0.5		GMC 156.0−0.5			5.1
156.0−8.5	BFS 35				−7.6
	BFS 36				−7.2
	BFS 37				−7.5
	BFS 38				−7.3
	BFS 39				−5.9
	BFS 41				−6.8
157.1−3.6	S213		−32.5		−31.0
158.0−4.7	S214		−1.1		
	S215		−2.6		
159.5+2.5	S217		−20.7; −20.4	−21.3	−19.3
	S219		−25.9; −31.0		−24.5
	BFS 44				−25.2
159.5+11.3	S218				3.5
160.0−3.0		GMC 160.0−3.0			−14.4
161.0−12.0	S220=NGC 1499		0.5; −25.0	−3.8	7
	S222		8; −4.3		−1.0

168.0−0.8	S228	169.191−0.903	−12.0; −20.3	−16.0; −20.5	−8.7	−6.5		
	BFS 45				−9.3			
168.1+3.1	S225		−22.2; −23.1					
168.6+0.0	S226		−22; −29.6		−32.9			
	S227		−23.4; −26.3					
172.5−2.0	S229		11.3; 4.4	10.0	(6.7)			
	=IC 405							
	S230		−7.0; 0.0					
	SG 126		16.5					
	NGC 1907		4.5					
173.4−0.2	S234		−16.0; −14.3		−13.4			
173.5+2.8		GMC 173.0+2.5			−17.6			
	S231		−15.4; −17.5		−18.1			
	S232		−13.5; −13.7		−23.0			
	S233		−8.8; −14.5		−18.4			
	S235	173.599+2.798	−24.5; −25.7	−24.6; −24.5	−18.8			
	S235A				−17.1			
	=BFS 46							
	S235C				−16.8			
	=BFS 47							
173.6−1.7	S236	173.607−1.733	0.0; −3.8	−1.8; −1.4; 0.5	−7.2; −6			W8
	=IC 410							
173.9+0.3	S237	173.898+0.284	3.4; 1.4	10.0; 5.8; 1.0	−4.3			
	=NGC 1931							
176.5+0.0		GMC 176.5+0.0			−17.6			
177.0−20.0	S238		−29.0		8.1			
	= T Tauri nebula							
	S239		−30.4/ 15.0		7.0			
180.9+4.1	S241		−10.2; −9.3		−6.5		−7	
182.4+0.2	S242		1.0; −0.6	−3.4	0.0		−2	

184.1−4.2	S243		−23.9/ 21.2		3.7	
	BFS 50				2.3	
187.0−16.6	S246		−18.7/ 11.6		7.5	
188.9+0.8	S247		7.4; 4.9		2.9	
189.0+4.0	BFS 51		−4.4		−7.0	
	S249		−4.8		−5.3	
189.7−24.9	S250		20.2			
189.8−27.2	S251		−36.8/ 1.4			
190.0+0.5	BFS 52		9.6		7.3	
	S252	189.971+0.395	6.9; 7.7	9.7; 5.4	7.5	
	=NGC 2174					
192.2+3.6	S253		1.1		14.4	
192.5−0.1	S254		6.6; 11.1		7.5	
	S255	192.632−0.018	5.3; 6.7	5.0	7.5	
	S256		6.0		7.5	
	S257	192.616−0.044	7.8; 11.0	7.5	7.5	
	S258		7.9		8.0	
192.9−0.6	S259		−23.0/ 15.8		22.8	
193.4−22.7	S260		−30.3/ 19.3			
193.7−2.2	S261		6.0; −0.6			SNR
194.6−20.0	S262		4.6			
194.7−15.6	S263		2.7		0.3	
195.1−12.0	S264		9.0; 5.6		12	λ ori
195.1−16.8	S265		−34.6/ 1.2		−1.6	
195.7−0.1	S266		26.1		31.2	
196.4−2.9	S268		−25.2/ 7.8		4.8	

196.5−1.7	S269	196.448−1.673	13.6; 15.7	17.1	17.5	
196.8−3.1	S270		−23.3/ 24.2		25.6	
197.8−2.3	S271		16.6; 18.7		20.5	
	S272		−20.9/ 18.1		20.6	
202.9+2.2	S273		1.9; 1.5		7	
	=NGC 2264					
206.3−2.1	S275	206.791−1.999	21.5; 9.6	12.7; 17.8	14.3	Rosette=W16
	=NGC 2237					
208.0−19.0	S276	Barnard Loop	2.6; −30.7/ 3.6			
	NGC 2024	206.540−16.360	−3.5	4.6; 7.0	9.6	S277
	IC434		14.2; 13.8			S277
	S278		−32.2/ 6.1		9.2	
	S279=NGC 1972		6.9		8	
	S281=NGC 1976	209.010−19.380	1.2	−2.8; −2.3	8	Orion nebula
208.7−2.6	S280		11.0; 11.2	6.8		
210.5−1.5	S282		14.5; 18.9		(23.3)	
	BFS 53		23.5		37.1	
	BFS 54		8.1		21.4	
213.0−1.0	S283		−21.0/ 36.8		49.4	
	S284		−20.1/ 43.0		45.0	
	S285		45.1; 41.2		45.3	
	S286		−21.0/ 35.7		49.8	
		GMC 216.5−2.5			22.8	
216.1+0.0	BFS 55		21.8		23.5	
217.5+0.0	BFS 56		22.5		26.7	
	BFS 57		−20.9/ 21.2		25.9	
	BFS 58		−18.5/ 23.6		49.9	
	BFS 59		16.6		25.7	
218.1−0.4	S287		18.2; 16.3		27.2	
218.7+1.8	S288	218.714+1.844		53.4	56.7	

218.8−4.6	S289		−13.5/ 51.1				
219.6−3.8	BFS 60		−20.3/ 23.0		11.2		
220.5−2.8	S291		−13.9/ 66.5				
220.8−2.0	BFS 41				9.9		
	BFS 62				13.4		
	BFS 63				13.4		
221.9−2.5	BFS 64				40.0		
		GMC 224.0−2.0			17.6		
224.0−2.0	S292=IC 2177		11.0; 19.1	15.5	18.4		
	S293		8.5		14.6		
	S295		13.9		13.8		
	S296		6.5; 11.7	15.1	15.0		
	S297	225.480−2.550	7.8; 2.9	7.6	11.7		
224.2+1.2	S294		35.2; 33.5		32.9		
227.8−0.2	S298=NGC 2359	227.786−0.116	56.3	56.7	(39)		
232.6+0.9	S302		−15.5/ 17.6; 16		16.7		
		GMC 233.0+0.0			18.9		
233.4−9.5	S303		−20.2/ 14.7				
		GMC 232.0−2.5			42.3		
234.0+0.0	S299		43		47.6 ; 47.9		
	S300		43; 45.7		52.8		
	S301		+54; 56.1		53.0; 52.3		
	S305	233.761−0.191	39; 37.2	38.3; 46	44.1	43	
	S306		44; −10.3/ 42.8		(44.1)		
	S309		41; −0.7		43.0		
	S307		37; −36.6	39.4	46.7		
	BBW 36				44.3		
	BBW 6				51.8		
234.8−10.1	S308		16				splitting
235.5−4.1	RCW 14		23.3		28.2; 31.0/ 26.7/ 3		

236.6−2.1	BBW 29				26.3	
237.0−1.3	BBW 33				74.7	
	BBW 44				72.9	
	BBW 45				76.9	
237.3−6.5	S310		13.8; −13.1/ 21.1		22.3	
	BBW 8				14.2	
238.4−1.3	BBW 49				22.3	
	BBW 51A				18.9	
238.5−4.7	BBW 4				19.6	
	BBW 17B				20.6	
	BBW 22				7.1	
	BBW 23				23.6/ 17.9	
240.3−6.5	BBW 15				28.2	
	BBW 19				32.5	
241.5−0.6	BBW 66				70.1	Mü13
243.2+0.4	S311=NGC 2467	243.159+0.372	46.6; 54.3	54.3; 52	51.0	
246.0+1.2	BBW 96				62.9	
	BBW 97				62.9/ 54.0	
	BBW 98				62.9/ 55.3	
247.5+2.2	BBW 110				40.8	
247.8−0.5	BBW 90				56.9	
	BBW 92				53.6	
248.0−3.4	BBW 74				18.2	
248.0−5.5	BBW 61				51.3	
248.9+0.0	BBW 101				13.5	
251.0−2.8	BBW 89				29.2	
251.2−2.0	BBW 99				54.7	

251.2+13.1	S312		−3.8; −6.3		
251.5+2.0	BBW 135				25.5
251.9−0.5	BBW 114				33.4
253.0−1.3	BBW 91				8.3
	BBW 104				11.5
	BBW 106				10.9
	BBW 122				11.3
		GMC 253.0−1.5			5.9
		GMC 252−3.5			8.5/ 15.0
253.7−0.2	RCW 19	253.588−0.188	28.2	38.3; 35.0; 38	35.7
	RCW 20		30.5		
	BBW 124				36.5
	BBW 125				34.7
	BBW 146				35.9
254.3−2.7	BBW 107				35.6
254.5−2.3	BBW 111				5.5
	BBW 109				5.1
254.7+0.2	BBW 138	254.676+0.229		64	68.2
255.4−4.5	BBW 95				9.8
	BBW 102				9.1
	BBW 103				
255.7−2.4		GMC 256.0−2.5			9.8
	BBW 119				9.8
	BBW 121				9.4
258.0−12.0	BBW 18				3.6
	BBW 26				−4.3
	BBW 34				4.9
	BBW 56				−3.9
258.5−1.3	BBW 147				12.4

259.0–2.8	BBW 129			9.5	
	BBW 132			9.0	
	BBW 141			10.0	
	BBW 143			8.9	
	BBW 149			8.1	
260.1+0.6	RCW 21			5.9	
	BBW 160			7.4	Mü 18
	BBW 161			5.2	
	BBW 163			8.0/ 13.4	
	BBW 165			4.1/ 6.4	
	RCW 27		1.8		
	BBW 169			9.5/ 5.8	
	BBW 172			7.7	
261.0–1.7	BBW 158			16.1	
261.4+0.8	RCW 32		2.8	4.9	
	BBW 173			7.5	
	BBW 184			7.9	
	BBW 177			8.2	
261.6–4.3	BBW 142			8.3/ 11.9	
		GMC 261.0–2.5		13.7	
262.9–2.4	BBW 159			8.7	
263.0+1.5	RCW 33		6.8	5.9	
	BBW 183			3.7	
	BBW 185			11.2/ 6.9	
	BBW 186			12.0/ 5.7	
264.2–5.4	BBW 145			8.6	
264.3+0.3	RCW 35		9.0		
264.4+1.1	BBW 204			3.1	
	BBW 210			6.8	
	BBW 214			5.5	
	BBW 215			6.4	
	BBW 207			3.8	
	BBW206C			7.6	

264.7+1.4	RCW 34	264.293+1.475	9.2 ; 9.8	12	6.3 ; 6.6	
	BBW 205				7.9	
265.1+1.4	RCW 36	265.151+1.454	5.4	3 ; 7	6.2	3.7/ 6.7
265.9+0.5	BBW 211				5.8	
266.1–4.3	BBW 162				5.0	
266.5–2.0	BBW 187				23.8	
267.0–1.3	BBW 201				2.1	
267.0–8.0	BBW 137				3.0	
	BBW 139				3.1	
	BBW 140				5.3	
	BBW 151				5.2	
	BBW 157				4.4	
267.9+3.6	BBW 249				1.8	
268.0–1.0	RCW 38		5		4.6	
		267.818–0.869		8		
		267.947–1.066		1		
268.2–2.7	BBW 195				13.0	
268.2–3.2	BBW 193				0.7	
	BBW 194				1.1	
268.4–0.9	BBW 222				1.8/ 6.9	
	BBW 223	268.454–0.848		5	2.8	2
	BBW 220				7.0/ 2.9	
268.6–0.6	BBW 227				4.7	
268.9+0.5	BBW 235				0.8	
269.2–1.4	RCW 40	269.206–1.449	–1.6	0	7.0	
	RCW 39	269.133–1.137	13.0	15	10.0/ 3.0; 11.4	10
269.5–1.5		269.467–1.480		71		4
270.0–0.6	BBW 236				1.9	

	BBW 234				3.1	
270.1+0.9	RCW 41	270.294+0.848	−0.7		9.8; 9.4	
270.1−1.3	BBW 230				2.0	
270.4−0.3	BBW 239				2.1	
270.5+0.5		GMC 270.5+0.5			0.5	
270.8+0.7	BBW 247				5.4	
271.0+0.0	BBW 244				−0.1	
271.0+1.4	BBW 259				5.6	
271.2+1.0	BBW 255				0.6	
271.2+5.0	BBW 268				−2.6	
271.3+0.6	BBW 252				4.1	
271.6−2.3	BBW 232				73.0	
271.9+1.9	BBW 266				−2.6	
272.8−2.3	BBW 240				6.5	
273.3+3.8	BBW 269 BBW 272				−5.4 −8.8/ −5.3	
273.9−1.6	BBW 258				2.9/ 56	
274.0−1.1	RCW 42	274.013−1.141	38.5	39	38.4; 37.5	14.3/ 34.7
274.7−1.5	BBW 264				3.1	
275.6−2.2	BBW 265				3.2	
281.1−1.4		GMC 281.4−1.1 281.013−1.528 281.162−1.640	 −5 −6	 −5 −7	−5 −8 −6/ −9	 −7 −6

281.8−2.0	BBW 280				−6.2		
	BBW 281				−7.0		
	BBW 283				−3.1		
281.9−1.0		281.595−0.969		2	−2/ −9	−9/ −2	
		282.240−1.099		−2	20/ −5/ −10	−5	
282.0−1.2		282.0−1.181	(22)	+19	26/ 10/ −4	−6/ −3	
		GMC 282.0−0.8			17		
282.5−1.2	RCW 45		−9.8				
	RCW 46		−10.4				
	BBW 299=H2		−12		5/ −12		
282.6−0.9		282.632−0.853		0	−4/ −8/ −12	−4	
282.6−1.9	RCW 47		−4		−17.6		
	BBW 293				−15.3/ −7.4		
		282.260−1.810	−5	−15	−14.2/ 13.8		
282.7−1.4		GMC 282.9+1.3			−19		
	BBW 288				−18.0		
	BBW 294				−20.4		
283.0−0.8		GMC 282.9−0.7			−5		
		283.131−0.984	−3	−1	−4	−4	
283.3−1.0		283.329−1.050		16	12/ 6		
283.3−0.6		283.312−0.566		6	−7		
		GMC 283.8+0.0			−5		
284.0−1.0	RCW 48	283.524−1.004	−8.6	−3			NGC 3199
	Hα 283.9−0.6		−8.7				
	Hα 284.1−1.9		−4.3				
	BBW 302		−6.4				
	Hα 284.3−0.3		−7.8				
	RCW 50		−7				
	Hα 286.6−1.8		−8.3				
284.2−0.3		283.978−0.920	3	3	14/ 6		
		284.260+0.400		1			

	RCW 49	284.308−0.334	−6.4	0	−0.7; 19.3	−14/ −10		
284.6−0.0		284.559−0.183	6	9	13/ 10/ 8			
		284.723+0.313	14	10	12.8/ 9;13/ 9/ 2/ −22			
		GMC 284.5−0.2			12			
284.6−0.5		284.650−0.484	−4	5	2.6/ 4.8/ −1.0			
284.8−3.1	BBW 298				−1.2			
285.3−0.1		GMC 285.3+0.0			0			
		285.253−0.053	3	−2	3.0	2		
286.4−0.3		GMC 286.4−0.3			14			
	BBW 309F				14.6			
286.4−1.4		286.401−1.346		38	40	40		
		286.417−1.476		38	CS=36.4/ 38.2			
286.7+3.0	BBW 321				−12.6			
	BBW 324				−13.5			
287.5−0.5		GMC 287.5−0.5			−19			
	G 30		−20.2					
	RCW 51		−20.4					
	G 31	286.195−0.163	−19.4	−18	−21.5			
		286.873−0.883		−20				
		287.217+0.053		−25				
	RCW 52	287.247+0.355	(−15.2)	−18				
	G 33	(287.393−0.630)	−20 (splitted.	−17		−23.8		=η car
		(287.550−0.616)	de 45)	−39/ −14; −20 (splitted. de 40)			−18	nebula
	287.636−0.936		−24					
		287.956−0.823		−26				
	BBW 322A				−24.1			
288.2−2.9	BBW 311				−7.7			
	BBW 320				−7.5			
288.6+1.5		GMC 288.6+1.5			−22			
289.3−0.6		GMC 289.3−0.6			22			
		289.063−0.355	20	27.0; 20; 19	27.5	17/ 28; 20		

	G35	289.755−1.152	14 ΔV = 35	21.9; 22	11				
	H45−46	289.878−0.792	18	22	18.8/ 32.7;18.7/32.6				
		290.487−0.814	20	22	−10/ −8/ −2/ 20				
289.5+0.2	H44		−21		−25.9/ 20.9				part of a shell
(Shell)	G 34a		−11 to −30						
	G 34b		−7 to −30						
	Hα 290.3−0.3		−2						part of a shell
		GMC 290.2−0.2			−1				
	Hα 290.2−2.0		−7						part of shell
	Hα 290.4−1.9		−13						
	Hα 290.5−1.5		−11						
	BBW 336				−11.9				
	Hα 290.6−0.5		−33						
	Hα 291.2−0.2		−33						part of shell
290.4+1.5	G36		−20 to −5		−19.2				
	BBW 343				−18.8/ −11.3				
290.4−2.9	BBW 323				−14.3				
	RCW 55		−12		−12.9				
	BBW 331				−16.6				
	BBW 332				−15.6				
290.6+0.2	G37	290.646+0.256	−25 ΔV − 34	−28	−23.9/−18.0;−35/−18				
290.6−0.2		GMC 290.6−0.2			15				
291.1−1.8		CO 291.1−1.75			−5				
	DC 291.1−1.7					−4.8			
	DC 291.0−3.5				−4.5	−4.6			
	DC 291.3−1.8				−4.2	−4.2			
291.3−0.2		291.466−0.128	7	6	−7				
		291.205−0.267	7	9	−7/ 12				
291.3−0.7	G 38a	291.284−0.713	−29 Δv = 35	−23.4; −25	−24.0/ 28.2; −21.1	−26; −22	−26	−25/−13/−2	
(=NGC3576)									
		GMC 293.3−1.4West			−25				
	BBW 348C		−29						

291.4−0.2		GMC 291.4−0.2			−7				
	DC 291.4−0.2					−6.5			
291.6−0.7		CO 290.8−0.8			19				
		GMC 291.6−0.4			15				
	H52	291.059−0.770	16	17	15				
	G 38b	291.614−0.525	4 Δv=70	9.4; 10; 11	−30.0/ 12.9	−27; −28/ 13	−26/ 13; −12	−26/−18	(=NGC3603)
							12; −8	/−12/−1	
		291.910−0.980	14	15	−2/ 0				
291.7−0.6		CO 290.8−0.8	27		28				
		GMC 291.6−0.5			29				
	H58	291.858−0.675	26	25.5; 25	30				
292.3−4.9	RCW 58		−3 V_{exp}=87						
292.4+1.6	BBW 353				−23.0				
		MSH 11−54						−19;− 30	
	BBW 358A				−21.8				
292.6−0.3		GMC 292.6−0.3			4				
	Hα 292.0−0.1		4						
293.0−1.0		293.027−1.031		66	−24/ −8/ 57/ 70				
294.0−0.9		GMC 294.0−0.9			32				
294.0−1.5		GMC 293.3−1.4 Est			−25				
	BBW 354				−24.0/ −3.1				
	RCW 60A	293.600−1.280	−24	−27	−25				
	RCW 61		−25		−26.1				
	BBW 361				−10.6/ −24.3				
	BBW 363				−25.2/ −7				
	BBW 365				−24.4/ −6.7				
294.1−2.6	BBW 357				−13.4				
294.4−0.7		GMC 294.4−0.7			−3				

294.8−1.8	RCW 62	294.837−1.775	−21	−20.9; −18	−18.4			(=IC 2944)
		295.06−1.65		−22				
	BBW 362D				−18.3			
	RCW 60B				−17.5			
	BBW 362G				−18.5			
295.1−0.7		GMC 295.1−0.8			26			
		295.144−0.628	30	51.1; 38	28/ −5			
295.6+0	BBW 372				−13.4			
	BBW 373				−16.2			
295.8−0.2		295.760−0.200	18	17	−15			
297.0+0.0	BBW 366				−27			
	BBW 374				−26			
	BBW 377				−30			
	BBW 382				−33			
	BBW 383				−30			
	BBW 384				−26			
297.7−0.5		296.593−0.975	26	25	17;			
		297.506−0.765	26	23	37/ 31/ −35/ 18			
		297.655−0.977	28	26	30			
	Hα 297.9−1.2		30		31			
		298.228−0.331	32	31	36; 34	−35/ 23/ 30		
		298.559−0.114		23	19			
	Hα 298.4−0.3		23		−37			
		298.868−0.432		25	−37/ 17/ 29	−36/ 19	26/ 19	
		299.016+0.148			24/ −32/ −22	23		
298.2−0.8		298.187−0.782	15	16	23			
299.4−0.3	RCW 64	299.363−0.257	−40	−37	−40; −40/ −22/ −7			
	BBW 375				−38			
301.3+1.0	RCW 65	300.956+1.161	−48	−47	−43/ −34, −43	−43		
	RCW 66	301.109+0.969	−39	−42	−40/ −35; −42/ −37	−41		
	RCW 68	301.814+1.077	−40	−42	−40/ −26/ −4			
	Hα 302.0+1.2		−40					

	Hα 301.8+0.9		−38					
	Hα 300.5−0.1		−40					
	Hα 300.5+0.3		−39					
	Hα 300.5+0.0		−40					
	Hα 300.7+0.1		−38					
	Hα 300.8−0.1		−42					
	Hα 300.9+0.1		−42					
	Hα 301.1−0.2		−39					
	Hα 301.0−0.1		−44					
	Hα 300.6+1.1		−39		−33/ −49			
302.0−0.4		300.479−0.192		26	9/ 27/ 32			
		302.504−0.749	30	31	28			
		303.115−0.947	24	26	4/ 21/ 24			
	Hα 303.1−0.9							
	Hα 303.3−0.8		22					
		CO 300.3−0.2			31			
		CO 301.8+0.0			24			
		CO 302.3−0.7			32			
		CO 303.9−0.4			29			
302.1+0.3	RCW 69		−25		−45/ −37/ −23			
302.3+0.0		302.69+0.19	−30	−33	−40			
	RCW 71	302.804+1.306	−32	−32	−3; −38/ −30/ −3			
		302.025−0.044		−27	−36/ −34	−35		
	Hα 302.6−0.1		−33					
	Hα 302.7+0.2		−30					
	Hα 302.6+0.3		−34					
305.4+0.0	RCW 74		−38		−37/ −29/ −25/ −4			
		305.097+0.138		−38	−37/ −26/ −4	−43/ −2		
		305.173−0.368	−46	−45	−24			
		305.202+0.022		−40	−46/ −35	−44/ −34; −45/ −37		
						−45/ −34	−46/ −33	
		305.254+0.204		−39	−38/ 4; −39; −37	−38/ −5; −40; −35		
		305.363+0.179		−38	−39/ −14/ −3	−35/ −4; −41/ −35		−45/ −33/
					−40/ −35; −38	−39/ −35	−40	−22/ −3
		305.537−0.338		−39	−38/ −16	−38/ −16; −39		
		305.551−0.005		−45	−84/ −38/ −3	−37/ −31/ −3; −31		
		305.787+0.14		−43	−43/ −36/ −32	−36		

		305.807−0.063		−30	−41/ −35	−40	
305.7+1.6		305.678+1.607	−58	−58	−51/ −46/ −29		
	Hα 305.6+1.7		−53				
	Hα 305.7+1.5		−57				
	Hα 305.9+1.5		−53				
306.2+0.1		306.256+0.066	−34	−37	−28		
	Hα 305.9−0.2		−34				
	Hα 305.9−0.4		−34				
	Hα 305.5−0.2		−33				
	Hα 305.4−0.0		−33				
	Hα 305.6+1.7		−34				
	Hα 306.0+1.4		−34				
	Hα 304.8+0.6		−35				
	RCW 75		−28		−30/ −42/ 50		
306.3−0.4		306.315−0.361	(−18)	−16	−34/ −21/ −18	−19	
307.0−1.1	Hα 306.9−1.0		−24				
	Hα 307.1−1.2		−25				
307.6−0.5		307.569−0.616		−40	−35/ −11		
		307.620−0.32	−38	−37	−44/ −37		
308.0−0.4		308.092−0.432		−17	−59/ −46/ −33/ −24/ −12/ −6/ 24/ 39		−57/ −13
309.3+0.1	RCW 79	308.647+0.579	−49	−50	−59/ −46/ −38	−46	
		309.057+0.186	−48	−47	−55/ −38		
		309.905+0.373		−55	−57/ −40	−58/ −40; −40	
		309.548−0.737	−47	−43	−52/ −41	−51	
	RCW 78		−48				
	RCW 80		−46				
311.1+0.2	RCW 82	310.994+0.389	−50	−51	−55/ −48/ −39/ −35		
		311.288−0.021		−52	−39/ −35		
	Hα 310.0−0.5		−50				
	Hα 310.7−0.8		−49				

311.2−0.4		CO 311.3−0.3			27		
		310.796−0.408		33/ (−57)	−51/−35/−23/ 22/ 40	−50	
		311.114−0.270		36	−56		
		311.619−0.599		32	−50/−21/ 19/ 32/ 46		
311.5+0.3		311.197+0.752		−57	−60/ −54/ −49/ −43	49	
		311.489+0.368		−59	−59/ −57/ −48/ −31	−56; −53/ −34	
		311.627+0.270		−61	−52/ −33/ −14/ 0	−54/ −49	
		311.852−0.222		−55	−63/ (−50)/ −42		
312.0+0.0		311.497−0.483		−47	−49/ −39/ −25/ −20		
		311.894+0.100		−47	−54/ −46	−52/ −45	−40 to −60/ −26/ −3
		311.922+0.229		−45	−49/ −13	−52/ −45	−40 to −60/ −27/ −4
		312.112+0.314		−49	−48/ (−35)	−49	
		312.953−0.449		−47	−47/ −38/ −17		
312.7−0.4	RCW 83		−31		−56/ −44/ −30/ −4/ 19/ 25/ 35		
	RCW 85		−31		−48/ −39/ −34/ −29/ −23/ 42		
	Hα 312.7−2.5		−24				
313.5+0.2		313.446+0.176		−5	−50/ −23	−4	
314.7+0.2		314.098+0.480		−67	−68/ −58/ −47		
		314.183+0.314		−62	−62/ −43	−61	
		314.228+0.437		−63	−57/ −46	−61	
		CO 315.0+0.0			−58		
		316.156−0.492		−60	−61/ −54/ −50/ −44		
315.3−0.3		CO 315.3−0.3			14		
		315.312−0.273		16	−49/ −46/ 13		
316.4−0.3		316.393−0.356		3	−57/ −46/ −39/ −24/ −17/ −3	−47/ −4	
317.3−0.1		316.808−0.037	−36	−36	−40; −41	−47/ −37	−53/−45/−3/ −21/−12/−3
					−46/ −39/ −20		
		317.037+0.300	−42	−49	(−50)/ −44	−48	

	Hα 317.4+0.6		−46					
		317.291+0.268	−51	−51	−45			
	Hα 317.3−0.2		−46		−61/ −41/ −38/ −3			
	Hα 317.4−0.4		−46					
		317.598−0.363	−46	−38	−9/ −5/ −1			
		317.988−0.759	−37	−37	−63/ −45/ −23/ −5			
318.0−0.4		318.058−0.459		37				
		CO 318.0−0.3			30			
318.5−0.3		318.058−0.459		−31	−56/ −48/ 12	−47		
		318.911−0.181		−29	−42/ −34/ −23	−34		
319.3−0.2		319.157−0.423		−22	−39/ −23/ −20	−20; −21		
		319.380−0.025		−14	(−57)/ −43/ −19	(−46)/ −20		
320.0+0.8		319.874+0.770		−38	−43/ −42	−41		
	RCW 87	320.153+0.780	−43	−36	−40	−40		
320.2+0.4	RCW 88	320.236+0.417	−31	−31	−32/ −55	−31		
320.2+0.0		320.109−0.510		−13	−55/ −45			
		320.317−0.208		−11	−69/ −59/ −54/ −45/ −9		−11	
		320.379+0.139		−3	−77/ −68/ −57/ −32/ −3		−3	
		320.706+0.197		−7				
320.2−0.3		320.252−0.332	−68	−68	−75/−66/−48/−11/ 9		−13	
320.4−1.0	RCW 89 (SNR)		−48	−50				−60/−12/−4
	Hα 320.5−1.4		−51					
320.7−1.0	BBW 28802		−5					
321.4−0.1	RCW 91	321.038−0.519	−64	−61	−81/ −71/ −61	−62; −63		
		321.105−0.549		−56	−62/ −58/ −54			
	Hα 321.0−0.8		−57					
	RCW 92	322.153+0.613	−56	−52	−55; −56/ −35	−54/ −40/ −4;	−55	−56/−32/−21
322.0+0.7		321.710+1.157		−32				

		322.407+0.221		−30				
324.1−0.9		324.120−0.954	−65	−67	−92/ −75/ (−63)			
324.2+0.2		324.147+0.231		−91	−82/ −50/ −32/ −22			
		324.192+0.109		−92; −87	−89; −89/ −79/ −56/ −29	−90/ −69/ −50/ −29	−93/ −50/ −30;	
325.1+0.2		324.954+0.584		25				
		CO 325.3−0.1			28			
326.5+0.7	RCW 94	326.315+0.689	−44	−45	−88/ −78/ −62/ −48/ −41/ −21			
	RCW 94−1	326.24+0.69	−43	−43				
	RCW 94−2	326.41+0.78	−40	−40/ −52				
	RCW 94−3	326.31+0.74	−44	−45				
	RCW 94−4	326.18+0.96	−40	−40				
		326.230+0.976	−42	−42	−85/ −51/ −40/			
		326.441+0.914	−40	−39	−86/ −41	−40		
		326.645+0.589	−43	−44; −45	−41; −100/ −84/ −41/ −22; −39		−44/ −21; −45/ −21	
		CO 326.6+0.6			−41			
	RCW 95	326.716+0.783	−43					
		327.013+0.387	−43					
326.6−1.0	Hα 327.0−1.2		−23					
		CO 326.2−0.9			−19			
326.7−0.3		326.141−0.328		−65	−80/ −76/ −70/ −68			
		326.441−0.396		−61	−64/ −56/ −46			
		326.660−0.471		−57	−68/ −65/ −45/ −39			
		326.718−0.564		−56	−68/ −61/ −56/ −46			
		CO 326.8−0.6			−60			
		326.959+0.031		−64	−54/ −48/ −44	−57/ −46		
		326.985−0.158		−53	−73/ −64/ −60/ −44	−61/ −45/ −38		
		327.023−0.315		−61	−74/ −71/ −65/ −60	−61		
					−45/ −37/ −33			
326.9−1.0	RCW 96		−50					
327.2−0.5	RCW 97		−48, (−64)	−49				
		327.313−0.536		−48; −49; −47; −49;	−47; −64/ −47/ −37;		−49/ −37	−49 −50/ −38/

				−51/ −39	−47; −47		−14/ −4/ 2
		CO 327.25−0.6			−47		
327.2−0.3		CO 327.2−0.3			−60		
327.5−0.8	RCW 98	327.5−0.8	−37		−37		
327.7−0.4		327.612−0.354		−72; −70	−76/ −73/ −69	−70; −74	
		327.759−0.351	−65	−72	−77	−76; −75	
		CO 327.75−0.4			−75.9		
327.8+0.1		327.834+0.113		−100	−93		
327.9+0.0		327.985−0.086		−45	−99/ (−74)/ (−49)/ −19	−78/ −44	
		CO 327.0+0.0			−43		
328.0−0.6	Hα 327.9−0.8		−46		−63/−43/−19/ 27/ 36		
		CO 327.9−0.6			−46		
	Hα 328.0−0.5		−43		−45		
	Hα 328.2−0.5		−47				
328.1−0.8	Hα 327.8−0.9		−19		−63/ −41		
		CO 328.4 −0.7			−18		
328.2−2.0	Hα 328.2−2.0		−25		−55/ −46/ −38/ −7		
328.3−0.5		328.283−0.586		−43	−70/ −43/ (−19)	(−72)/ −43; −42	
	Hα 328.4−0.5		−43		−72/ −48/ −43/ −40/ −18		
328.3+0.3		328.310+0.448		−97; −96		−96; −92/ −52	
		SNR 328.4+0.2				−90/ −69/ −44	
		CO 328.3+0.4			−95		
328.5−0.1		CO 328.5−0.1			30		
328.6−0.5	RCW 99	328.593−0.518	−52	−51	−71/ −48; −48	(−72)/ −46	
328.7−0.2		CO 328.85−0.15			−21		
	Hα 328.7−0.3		−22		−78/ −49/ −44/ −20		

328.8+0.0		328.806−0.083		−47	−100/ −92/ −75/ −71/ −63/ −55/ −44/ −42		−35/ −78				
328.8+0.6		328.812+0.637		−42	−40	−100/ −39					
329.3+0.2		329.353+0.144		−107		−106/ −85					
		329.489+0.207		−102		−100					
		CO 329.6+0.3			−102						
330.0+0.0		330.041−0.045		−38	−100/ −89/ −81/ −72/ −61/ −46/ −35		−45				
330.3−0.4		330.305−0.385		−76	−109/ −97/ −81/ −42/ 5		−80				
331.0−0.4		330.677−0.396		−61	−66;−4/ −47/ −58/ −67/ −81/ −96	−66; −63					
		330.856−0.371		−56	−63; −63	−53/ −55/ −50;−62; −63/ −50		−63			
		331.110−0.506		−68	−66; −94/ −64/ 51	−66; −63/ −55/ −49					
		331.314−0.336		−64	−42/ −65/ −86/ −99	−66/ −42/ −14		−67			
331.2+0.0		331.026−0.152		−89	−37/ −45/ −53/ −66/ −82/ −92		−92/ −47				
		331.259−0.186		−85	−89. −88; −111/ −98/ −88/ −67/ −49		−89				
		331.353−0.013		−81	3/ −4/ −47/ −66/ −78/ −87/ −92/ −99	−66/ −45	−89/ −66/ −49; −87/				
		331.354+1.07		−79							
		331.517−0.069		−89	−90; −89; −89/ −59	−100/ −89/ −57/ −48; −100/−89/−56/−48/−41		−89/−64/−50/	−42/−18/ 0		
		330.9−0.2			−100/ −91/ −62/ −44; −91	−90; −90. −90					
		331.4−0.0				−89/ −66/ −49					
331.4+0.5		331.36+0.5		−46	−96/−64/−46/−38/−23		−46/ −38				
332.8−0.2		332.148−0.446	−55	−55	−55.5; −57/ −74	−57; −57/ −43	−57/ −44	−56			
	RCW 103		−43		−99/ −89/ −72/ −46/ −30/ −26		−43	−43			
		332.541−0.111	−50	−50	−82/ −70/ −57/ −48	−49; −50/ −8					
		332.662−0.607		−48	−50. −52	−73/ −50; −50	−41				
		332.783−1.445	−48	−41							

	RCW 104	332.789–0.564	–54	–57	–55;–59;–57;–56; –57;–107/–57/–49	–59; –59		
	RCW 106	332.978+0.792		–52	–85/–74/–60/–48/ –36/–31	–48		
		333.114–0.441		–52	–54; –54; –51; –52	–52; –54/ –19	–55/ –42	–55/–44/–20
		333.292–0.371		–50	–52; –52; –107/ –51	–52; –54/–44/–50/–23;–54/ –44/–40/–23;–55/–42		
		333.684–0.457		–50	–104/ –88/ –55/ –43/ –33/ –13/ –5			
		333.0–0.4			–54; –56; –54; –107/ –71/ –55	–55;–55/–23;–54; –54/ –42/ –22; –56		
		331.1–0.4			–104/ –54; –51	–61/–53/–46/–19;–52		
		333.6–0.1			–88/–71/–51/–40	–87/ –44		
		333.0+0.8				–48		
	RCW 102		–53 to –64	–55				
	Hα 331.0–0.4		–54					
	Hα 331.5–0.2		–52					
	Hα 332.2–0.8		–51					
	Hα 332.3–0.9		–52					
	Hα 333.8–0.5		–48					
	Hα 333.7–0.4		–43					
	???333.4–0.6		–55					
333.0+2.0	RCW 105	333.040+2.020	–21 to –26	–20	3/–8/–32/–35/–59			
333.1+0.0		333.168–0.081		–91	–12/–47/–62/–69/–87/ –101/ –105		–89/–47/–19;–88	
		333.2–0.1				–89		
		333.0+0.0				–91		
333.6–0.2		333.61–0.208	–37.4	–46	–51;–109/–89/–51/–36	–46/ –41	–42	–61/–44/ –24/ –13
334.3+0.4		334.173+0.068		–70	–20/–40/–65/–89/–102	–86/ –40		
		334.529+0.825		–77				
334.7–0.1		334.684–0.107	–38	–32		–2.5/–33/–44/–88/–112		
334.7–0.6		334.714–0.665		16		11/ 17/ –20/ –38/ –43/ –92/ –102		
335.7+0.0		335.748–0.134		–52		–45	–44	

		335.751+0.110		−51		−38		
335.9+0.2		335.978+0.18		−79		−10/−36/−46/−56/−78/ −108; −37	−50	
336.4−0.2		336.375−0.131		−88; −68.5	−130/−117/−94/−87/ −79/−37/−24	−119/ −39; −39	−37	
		336.404−0.234		−93; −93.1	−86/ −35/ −24	−88/ (−39)	−38	
		336.489−0.154		−84; −88.6	−128/−119/−89/ −34/−12	−90; −89		
336.5+0.0		336.456+0.038		−63; −63.4	−128/−117/−93/−68/ −54/−49/−40/ 7	−129/ (−96)/ (−72)/−38		
336.5−1.5	RCW 107							
	RCW 108		−20	−20				
		336.514−1.477		−25; −24.9	−25.5; −26.5	−22	−24	−26/ (−9.0)
		CO 336.7−1.6			−17.5			
	DC 336.4−1.4					−23.0		
337.0+0.0		336.732+0.072		−78/−112;−78.9	−122/−115/−108/ −69/ −34/ −3	−119/ −73/ −34	−76/ −50/ −38/ −20/ −4	
		336.840+0.047		−79	−117/ −74/ −35	−122/ −114/ −76/ −37		
		336.9−0.1		−73.1		−119/ −75/ −38		
		337.147−0.181		−73; −72.7	−73.5	−119/−87/−74/−39/−21	−76/−38/−21	−73/(−117/ −115/−86/−74/−54/−37
		337.3−0.1		−53.5	−115/−71/−54/−37	−66/ −38	−118/−75/−38/−20 −119/−75/−68/−39	−98/−37/20)
337.5−0.3		337.548−0.304		−101	−105/−61/−45/−19/−9/ 2/ 13		−62/ −35	
337.9−0.5		337.949−0.476	(−40)	−40; −40.4	−42.1	−37	−36; −35/ −24	−50
338.0−0.1		337.665−0.048		−55	−46; −54	−94/ −47	−46/ −38	
		337.8−0.1		−52		−90/ −50/ −37	−38	−122/(−52/ −38/−20)
		338.014−0.121		−54; −52.5	−103/−89/−72/−50/ −39/ −14	−88/ 49;−89/ −50	−89/−42;−89/−41	
		338.087+0.007		−47;−41.7	−117/−94/−51	−88/−69/−52/−40		
		338.131−0.173		−53	−119/ −99/ −89/ −71 −50/ −35/ −16		−89/ −43	

338.0−1.8	DC 337.8−1.6 DC 338.3−2.0					−10.7 −10.6			
338.4+0.1		338.398+0.164 338.450+0.061		−29 −37;−36.9	−110/−59/−34 −116/−99/−78/−42/−29	−35; −36 −29	−117/97/−79/−33/−3 −77/−34;−75/ −36/−28	(−127/−115/ −58/−33/0)	
338.4−0.2		338.407−0.238		2; −4.3	−36;−122/−99/−91/ −40/−33	−35; −36			
338.8+0.6		338.742+0.641 338.943+0.604	−61 −62	−62 −63; −63.0	−72/ −62 −61	−63	−63; −62	−62/ (−37/ −20/ 2)	
339.0−0.2		338.921−0.089 339.128−0.408	−41 −38	−40; −40 −37	−121/−100/−77/−47/ −44/−40/−36 −120/−116/−90/ −50/−34		−45	−46/ −37	
339.1−0.2		339.089−0.216		−120	−120				
339.3+0.2		339.286+0.163	(−60)	−71	−78/ −71/ −29	−69/ −29			
339.5−0.5	DC 339.5−0.8	339.578−0.124	−29	−30	−134/−126/−119/−94/ −80/−66/−34	−23.3	−33		
339.8+0.3		339.838+0.274		−19	−125/−89/−51/−31/−20				
339.9−0.6		339.955−0.566		−89	−127/−122/−94/−89/ −46/−39/−21/−9		−93/ −20		
340.2−0.2		340.047−0.253 340.279−0.222	−50 −50	−52 −43; −43.3	−50 −120/−90/−53/−46/−34	−53/ −35 −52/−47/−35	(−93)/−40;46/−35		
340.2+0.5		340.240+0.482	−60	−62					
340.8−1.0 28/ (−13)	RCW 110−111	340.777−1.008	−29	−25	−31/−16;−28;(−28)/ −12		−28	−28/−16;−28	−
341.2−0.2		341.050−0.100 341.264−0.317	−38 −38	−38 −38	−135/−128/−118/−100/ −42 −43/−34/−14/−8 −147/−134/−78/−40/		 −44		

					−28/−14/−8			
341.9+0.2		341.963+0.205		−8	−8	−80/−40/−20/−8		
342.1+0.4		342.085+0.423		−65	−95/−86/(−78)/−72/ −25/−8			
342.3+0.3		342.300+0.314		−122				
342.4+0.0		342.382−0.044		−13	−143/−126/−86/−73/ −53/−44/ (−26)/ −21/ (−13)/ 5		−20/ −74	
342.5+1.2	RCW 113		−21					
		345.495+0.326	−23	−20	−18/−41	−17; −18		
343.3−0.2		343.150−0.403		−33	−24;6/−3/−14/−21/ −23 −24/−32/−78			
		343.190−0.033		−30	−30;6/−5/−16/−26/−31/ 6 −56/−73/−93/−117/ −129/−147			
343.9−4.7	RCW 114							
344.4+0.1		344.439+0.048		−67	−64;6/−7/−18/−22/−28/ −65/ −62 −44/−52/−61/−62/−110			
344.7−0.7		343.926−0.642	−26	−27	−27;6/−1/−5/−18/−24/ −29/−37/−71/−73/−81		−27	
		344.226−0.588	−26	−27	−27;6/−3/−24/−66/ −23 −76/−100			
		345.215−0.749	−22	−18	−22;−24	−23		
	RCW 117	345.425−0.940	−23	−23	−23/−112;−19	−22/−17/−7	−22; −14/ 20	−28

345.3+1.5		345.031+1.540		−12	−14			
		345.231+1.035		−9	−16/ 5	−15	−17/ 6	
		345.308+1.471		−15	−14	−14	−13	
		345.404+1.406		−15	−14	−13	−12	−20
		345.450+0.209		−13	−5/−17/−38/−107/−126	−15		
	Hα 345.4−0.1		−16					
	Hα 345.7−0.1		−15					
	Hα 345.7−0.5		−11					
	Hα 345.7−1.2		−15					
345.8+0.0		345.555−0.042		−6	3/−6/−73	−15/ −2		
		345.645+0.010		−10	−10/−28/−43			
		345.827+0.041		−10	−6/−28/−40/−79/−115		−115/−78/−40/−7	
		346.109−0.028		−11	−7			
346.5+0.1		346.539+0.097		2	2/−12/−35/−61/−89/ −108/−151/−183		3	
347.7+1.9	RCW 119=S2		(−9); −19					
347.9+0.0		347.893+0.044		−31	−30;7/0/−9/−29/−65/ −79/−98		−29	
348.2+0.4	RCW 120=S3	348.225+0.459	9.9; −11	−12	−9;−2/−9/−35/−66/ −7; −8 −105/−130			
348.5−0.8	RCW 121=S4	348.231−0.982	−6.7; −19	−18	−7/−13/−19/−28/−14			
		348.607−0.551	−22; −8	−19	−12/ −17			
	RCW 122=S5	348.715−1.03	−5/−20	−13	−13/−32/−113;−14;−12	−32/−13; −14/ 3	−13/ −32	
	Hα 348.7−0.8							
349.6+0.1		349.111+0.105		−74	−31/−24/−67/−75	−77/ −25		
		350.129+0.088		−69	−28/−69;16/6/−8/−21/ −35/−53/−68/−107/ −114/−127		−68; −69	
349.8−0.5	RCW 123	349.840−0.537	−22	−25	−15/ −25	−26		
350.0+0.2	RCW 125		(−5)					
350.8−0.0		350.813−0.019		−5	19/6/−3/−6/−12/−17/		−5	

−26/−34/−56/−70

351.2+0.6	RCW 126	350.524+0.960	−9	−10	6/−11/−35/−117	−10	
	RCW 127=S8=	351.358+0.666	−6.0	−3	−2/−102;−5; −3; −4−4/ 7; −6		
	NGC 6334		−8				
	G 61	351.0+0.7	exp ~ 25, −7	−5	5/−7/−47/−109; −7		
	G 63		−8				
	G 64a	351.1+0.7	−9	−4	6/−5/−108; −8	−7	
	G 62	351.2+0.5	−8	−8	−8; −8		
	G 64b	351.3+0.7	−8	−3	−5/ −28	−4	
	G 64c	351.4+0.7	−8	−5/ −101; −5		−5	
	RCW 128	351.662+0.518	−10	−2	6/−1/−15/−28/−46/ −55/−104	−1/ 7	
351.2−0.5		350.996−0.577	−20	−17	−3/−13/−19		
		351.467−0.462	−20	−21	30/12/7/0/−6/−12/ −18/−25/−34/−41/ −45/−51/−54/−83/ −90/−102		
351.6−1.2		351.641−1.256		−13	−11; −12	−12; −24/ −13	−12; −13
					−10	−42/ −13	
		351.694−1.165		−13	6/2/0/−9/−13/−14/ −18/−23		
352.1+0.1		351.617+0.171		−43	6/−46;6/1/−2/−41	−92/ −43/ +6	+5
		352.676+0.148		−45		−42/ −13;−43/ 6	
352.4+2.1	R 130=S10		(−7); 1				
352.8+1.3		352.836+1.273		1	5/ −2/ −36	5	
352.9−0.2		352.866−0.199		−58	0/−8/−17/−58	−56	
353.1+0.7	RCW 131 =NGC6357−=S11		−7 (exp ~20)		−4		
		353.034+0.881		−4	6/−3/−36/−40/−44/−49		−4
		353.083+0.358		−3	6/−4/−19/−89	−17/−2/6;−18/−3/5	
		353.136+0.660		−4	−3/−41/−96;5	−5/ 6; −7/ 5	
		353.206+0.905		−4	−4/11/−47;−7	−4/ 6; 4	
353.4−0.4		353.430−0.368	−17	−16	1/−10/−19/−86	−16; −17	−18
355.1+20.9	S1		0.2				

	S7	−4		
	RCW 129			
	S9	−0		4.5
	S23	−2		
	S27	3		
355.6+0.8	RCW 132=S12	(6); 5		
	RCW 133=S13	(7)		
359.5−0.6	RCW 134=S15	−1; (−1)	1	
	RCW 137=S16	(12)	16	
	RCW 138=S17	−5; (−3)		
	RCW 140=S19	2 ; 11.6		18.1
	S18	12.9		18.8
	S20	9.6		19.2